



Beaumont

Figure Skating Club

Junior Academy is a stepping stone program designed as an introduction to competitive figure skating. This program teaches the basic fundamentals of Figure Skating focusing on:

On-Ice:

- ◆ On-Jump Mechanics
- ◆ Spinning Quality
- ◆ Development of stroking technique
- ◆ Introduction to basic field moves
- ◆ Understanding of Edges and Turns
- ◆ Theatre on Ice

Off-Ice:

- ◆ Strength and Conditioning
- ◆ Movement and Musicality
- ◆ Technical Shapes
- ◆ Dry-Land Jumping

Junior Academy promotes self-discipline, competitive drive, self-confidence, work ethic as well as promoting fun and enjoyment in a team atmosphere.

This program is for skaters under 10 years old and must have received an invite letter.

SCHEDULE AND PRICING

	Monday	Thursday
	Sep 9-Mar 24	Sep 5-Mar 27
On Ice	5:45-6:30pm	5:15-6:00pm
Off Ice	5:00-5:30pm	6:15-7:00pm
Skate Canada Fee: \$61.65	\$80/month	\$80/month

PRICE:

\$160 a month

Register at beaumontskatingclub.com

- ⇒ All Junior Academy Skaters are required to purchase a Skate Canada Membership 2024-2025. Membership is valid from Sep 1, 2024 to Aug 31, 2025.
- ⇒ Fundraising Commitment: \$150 per year. Payment \$75 in Dec and Mar. Per Family
- ⇒ Volunteer Commitment: 1 shift per session. Payment \$50 in Dec, Mar if shift not completed. Per Family

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